

Relay Top Marks

Number of Top Times: All

	Time	Convert	Rnd	Relay				
4	4:09.84		F	A Relay SAN RAMON VALLE'	5/22/2010	NCS Tri-Valley		
	Alina Sinclair			Kelly Nordine		Jen Horton		Sarah Griffith
5	4:10.43		F	A Relay SAN RAMON VALLE'	3/26/2010	Stanford Invite		
6	4:11.38		F	A Relay SAN RAMON VALLE'	4/22/2010	vs Cal		
7	4:13.47		F	A Relay SAN RAMON VALLE'	3/18/2010	vs DLS/Car.		
	Sarah Griffith			Jen Horton		Kelly Nordine		Alina Sinclair
8	4:14.94		F	A Relay SAN RAMON VALLE'	3/13/2010	Dan Gabor Sprint & Field		
	Alina Sinclair			Kelly Nordine		Jen Horton		Sarah Griffith
9	4:15.88		F	A Relay SAN RAMON VALLE'	4/15/2010	vs Granada		
10	4:18.83		F	A Relay SAN RAMON VALLE'	4/1/2010	vs Amador Valley		
11	4:23.59		F	A Relay SAN RAMON VALLE'	3/25/2010	vs Livermore		
12	4:25.19		F	A Relay SAN RAMON VALLE'	2/27/2010	Scrimmage		
	Kayla Auster			Sarah Griffith		Alina Sinclair		Kelly Nordine
13	4:25.91		F	A Relay SAN RAMON VALLE'	3/6/2010	EBI		
14	4:29.00		F	A Relay SAN RAMON VALLE'	4/24/2010	Phillips-McCain Invite		
15	4:31.04		F	B Relay SAN RAMON VALLE'	5/15/2010	EBAL Championships		
	Alicia Dias			Julianna Foster		Claire Tsukuda		Kristen Morizono
16	4:33.18		F	B Relay SAN RAMON VALLE'	4/15/2010	vs Granada		
17	4:34.60		F	B Relay SAN RAMON VALLE'	5/6/2010	vs Monte Vista		
18	4:36.09		F	C Relay SAN RAMON VALLE'	5/6/2010	vs Monte Vista		
19	4:45.25		F	B Relay SAN RAMON VALLE'	2/27/2010	Scrimmage		
	Sophie Hodges							
20	5:13.25		F	B Relay SAN RAMON VALLE'	2/27/2010	Scrimmage		
Female Open 4x800m Relay								
1	9:59.95		F	A Relay SAN RAMON VALLE'	4/24/2010	Phillips-McCain Invite		
Female Open 4x1600m Relay								
1	22:12.18		F	A Relay SAN RAMON VALLE'	4/9/2010	Arcadia Invite		
	Kelly Nordine			Liz Hebel		Montana Baumann		Lauren Connelly
2	23:07.07		F	A Relay SAN RAMON VALLE'	3/20/2010	Martinez Relays		
	Kelly Nordine			Montana Baumann		Liz Hebel		Lauren Connelly
Female Open 4x1760m Relay								
1	22:19.85		F	A Relay SAN RAMON VALLE'	4/9/2010	Arcadia Invite		
	Kelly Nordine			Montana Baumann		Liz Hebel		Lauren Connelly
Female Open 800m Sprint Medley Relay								
1	2:12.42		F	A Relay SAN RAMON VALLE'	3/6/2010	EBI		
Female Open 4000m Distance Medley Relay								
1	13:05.40		F	A Relay SAN RAMON VALLE'	4/24/2010	Phillips-McCain Invite		
Male Open 4x100m Relay								
1	42.38		F	A Relay SAN RAMON VALLE'	5/22/2010	NCS Tri-Valley		
	Dan Davis			Chris Brooks		David Manuel		Jake Pulos
2	42.62		F	A Relay SAN RAMON VALLE'	5/15/2010	EBAL Championships		
	Dan Davis			Chris Brooks		David Manuel		Jake Pulos
3	42.84		F	A Relay SAN RAMON VALLE'	5/28/2010	NCS MOC		
	Dan Davis			Chris Brooks		Jason Roudnev		Jake Pulos
4	42.85		F	A Relay SAN RAMON VALLE'	5/1/2010	Sacramento MoC		
5	42.86		F	A Relay SAN RAMON VALLE'	5/6/2010	vs Monte Vista		

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6	43.19	F	A Relay	SAN RAMON VALLE'	4/9/2010	Arcadia Invite	
	David Manuel			Dan Davis		Chris Brooks	Garrett Storms
7	43.20	F	A Relay	SAN RAMON VALLE'	3/13/2010	Dan Gabor Sprint & Field	
	David Manuel			Dan Davis		Chris Brooks	Garrett Storms
8	43.28	P	A Relay	SAN RAMON VALLE'	5/28/2010	NCS MOC	
	Dan Davis			Chris Brooks		David Manuel	Jake Pulos
9*	43.30	F	A Relay	SAN RAMON VALLE'	4/15/2010	vs Granada	
9*	43.30	P	A Relay	SAN RAMON VALLE'	3/26/2010	Stanford Invite	
11	43.31	F	A Relay	SAN RAMON VALLE'	4/29/2010	vs Foothill	
12	43.34	F	A Relay	SAN RAMON VALLE'	4/17/2010	West Coast Relays	
	Dan Davis			Chris Brooks		David Manuel	Garrett Storms
13	43.38	F	A Relay	SAN RAMON VALLE'	4/1/2010	vs Amador Valley	
14	43.47	F	A Relay	SAN RAMON VALLE'	4/22/2010	vs Cal	
15	43.61	F	A Relay	SAN RAMON VALLE'	3/18/2010	vs DLS/Car.	
16	43.70	F	B Relay	SAN RAMON VALLE'	3/6/2010	EBI	
	David Manuel			Dan Davis		Chris Brooks	Garrett Storms
17	43.73	F	A Relay	SAN RAMON VALLE'	3/26/2010	Stanford Invite	
18	43.90	F	A Relay	SAN RAMON VALLE'	4/24/2010	Phillips-McCain Invite	
19	44.10	F	B Relay	SAN RAMON VALLE'	5/6/2010	vs Monte Vista	
20	44.22	F	A Relay	SAN RAMON VALLE'	3/25/2010	vs Livermore	
	David Manuel			Dan Davis		Chris Brooks	Garrett Storms
21	44.82	F	B Relay	SAN RAMON VALLE'	5/15/2010	EBAL Championships	
	Thomas Palumbo			Josh Moore		Arron Weinstein	Justin Bangay
22	45.28	F	B Relay	SAN RAMON VALLE'	4/29/2010	vs Foothill	
23	45.35	F	C Relay	SAN RAMON VALLE'	5/6/2010	vs Monte Vista	
24	45.41	F	B Relay	SAN RAMON VALLE'	4/24/2010	Phillips-McCain Invite	
25	45.51	F	B Relay	SAN RAMON VALLE'	5/1/2010	Sacramento MoC	
26	45.53	F	B Relay	SAN RAMON VALLE'	3/25/2010	vs Livermore	
27	45.66	F	B Relay	SAN RAMON VALLE'	4/15/2010	vs Granada	
28	45.78	F	B Relay	SAN RAMON VALLE'	4/22/2010	vs Cal	
29	46.01	F	C Relay	SAN RAMON VALLE'	4/29/2010	vs Foothill	
30	46.20	F	C Relay	SAN RAMON VALLE'	3/25/2010	vs Livermore	
31	46.33	F	C Relay	SAN RAMON VALLE'	3/18/2010	vs DLS/Car.	
32	46.40	F	B Relay	SAN RAMON VALLE'	3/13/2010	Dan Gabor Sprint & Field	
33	46.59	F	B Relay	SAN RAMON VALLE'	2/27/2010	Scrimmage	
	Alton Kwong						
34	46.85	F	A Relay	SAN RAMON VALLE'	3/6/2010	EBI	
35	48.06	F	D Relay	SAN RAMON VALLE'	5/6/2010	vs Monte Vista	
36	49.19	F	C Relay	SAN RAMON VALLE'	3/13/2010	Dan Gabor Sprint & Field	
	Dan Davis			Kevin Griffith		Chris Brooks	Garrett Storms
37	49.34	F	D Relay	SAN RAMON VALLE'	4/29/2010	vs Foothill	
38	49.66	F	D Relay	SAN RAMON VALLE'	2/27/2010	Scrimmage	
	Josh Moore						
39	51.52	F	F Relay	SAN RAMON VALLE'	2/27/2010	Scrimmage	
40	51.81	F	E Relay	SAN RAMON VALLE'	2/27/2010	Scrimmage	
	Thomas Palumbo						
41	52.88	F	C Relay	SAN RAMON VALLE'	2/27/2010	Scrimmage	
	Jacob Heathorn						
42	53.12	F	G Relay	SAN RAMON VALLE'	2/27/2010	Scrimmage	
	Daniel Olson						
43	55.23	F	C Relay	SAN RAMON VALLE'	4/15/2010	vs Granada	
44	55.56	F	E Relay	SAN RAMON VALLE'	4/29/2010	vs Foothill	
45	56.00	F	C Relay	SAN RAMON VALLE'	4/22/2010	vs Cal	

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Male Open 4x400m Relay						
1	3:16.04	F	A Relay	SAN RAMON VALLE'	5/28/2010	NCS MOC
	Dan Davis			Kevin Griffith		Ian Padilla-Jong
						Garrett Storms
2	3:16.78	P	A Relay	SAN RAMON VALLE'	6/4/2010	State Meet
	Dan Davis			Kevin Griffith		Ian Padilla-Jong
						Garrett Storms
3	3:16.88	F	A Relay	SAN RAMON VALLE'	6/4/2010	State Meet
	Dan Davis			Kevin Griffith		Ian Padilla-Jong
						Garrett Storms
4	3:18.76	F	A Relay	SAN RAMON VALLE'	5/1/2010	Sacramento MoC
	Dan Davis			Kevin Griffith		Ian Padilla-Jong
						Garrett Storms
5	3:19.85	F	A Relay	SAN RAMON VALLE'	4/9/2010	Arcadia Invite
	Dan Davis			Kevin Griffith		Ian Padilla-Jong
						Garrett Storms
6	3:21.06	F	A Relay	SAN RAMON VALLE'	4/17/2010	West Coast Relays
	Dan Davis			Kevin Griffith		Ian Padilla-Jong
						Garrett Storms
7	3:21.47	F	A Relay	SAN RAMON VALLE'	3/26/2010	Stanford Invite
8	3:21.52	P	A Relay	SAN RAMON VALLE'	5/28/2010	NCS MOC
	Dan Davis			Kevin Griffith		Ian Padilla-Jong
						Garrett Storms
9	3:23.04	F	A Relay	SAN RAMON VALLE'	5/6/2010	vs Monte Vista
10	3:23.08	F	A Relay	SAN RAMON VALLE'	5/15/2010	EBAL Championships
	Dan Davis			Kevin Griffith		Ian Padilla-Jong
						Garrett Storms
11	3:24.75	F	C Relay	SAN RAMON VALLE'	3/13/2010	Dan Gabor Sprint & Field
	Dan Davis			Kevin Griffith		Chris Brooks
						Garrett Storms
12	3:25.78	F	A Relay	SAN RAMON VALLE'	5/22/2010	NCS Tri-Valley
	Dan Davis			Kevin Griffith		Chris Brooks
						Garrett Storms
13	3:26.48	F	A Relay	SAN RAMON VALLE'	4/22/2010	vs Cal
14	3:28.65	F	A Relay	SAN RAMON VALLE'	2/27/2010	Scrimmage
15	3:31.17	F	B Relay	SAN RAMON VALLE'	5/6/2010	vs Monte Vista
16	3:35.00	F	B Relay	SAN RAMON VALLE'	5/15/2010	EBAL Championships
	Declan Rosdahl			Josh Moore		Carl Wilke
						Daniel Olson
17	3:36.55	F	B Relay	SAN RAMON VALLE'	4/22/2010	vs Cal
18	3:36.66	F	C Relay	SAN RAMON VALLE'	5/6/2010	vs Monte Vista
19	3:38.95	F	A Relay	SAN RAMON VALLE'	4/1/2010	vs Amador Valley
20	3:39.07	F	A Relay	SAN RAMON VALLE'	3/18/2010	vs DLS/Car.
21*	3:39.25	F	A Relay	SAN RAMON VALLE'	3/25/2010	vs Livermore
21*	3:39.25	F	B Relay	SAN RAMON VALLE'	4/1/2010	vs Amador Valley
23	3:39.80	F	A Relay	SAN RAMON VALLE'	4/29/2010	vs Foothill
24	3:40.01	F	A Relay	SAN RAMON VALLE'	4/24/2010	Phillips-McCain Invite
25	3:40.49	F	A Relay	SAN RAMON VALLE'	4/15/2010	vs Granada
26	3:40.65	F	B Relay	SAN RAMON VALLE'	2/27/2010	Scrimmage
27	3:40.72	F	B Relay	SAN RAMON VALLE'	4/15/2010	vs Granada
28	3:41.78	F	B Relay	SAN RAMON VALLE'	4/29/2010	vs Foothill
29	3:45.30	F	C Relay	SAN RAMON VALLE'	4/22/2010	vs Cal
30	3:47.01	F	D Relay	SAN RAMON VALLE'	3/13/2010	Dan Gabor Sprint & Field
31	3:47.40	F	B Relay	SAN RAMON VALLE'	3/18/2010	vs DLS/Car.
32	3:47.81	F	C Relay	SAN RAMON VALLE'	4/1/2010	vs Amador Valley
33	3:48.88	F	C Relay	SAN RAMON VALLE'	2/27/2010	Scrimmage
34	3:49.71	F	C Relay	SAN RAMON VALLE'	4/15/2010	vs Granada
35	3:52.53	F	D Relay	SAN RAMON VALLE'	4/1/2010	vs Amador Valley
36	3:53.04	F	D Relay	SAN RAMON VALLE'	4/22/2010	vs Cal
37	3:55.25	F	A Relay	SAN RAMON VALLE'	3/6/2010	EBI
38	4:02.39	F	D Relay	SAN RAMON VALLE'	4/15/2010	vs Granada

